

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

Exercise Walking / Running[§]

Adidas	Adistar Controll II
Asics Gel	MC Plus* Foundation VI Kayano Evolution II
Brooks	Beast* / Ariel* Addiction 7 Adrenaline Vapor
Etonic	Minado MC*
Mizuno	Wave Renegade
New Balance	1010* 580 (lat) 816 [¥] 766
Nike	Structure Triax
Saucony	Grid Stabil MC 5* Grid Resolve

Walking[§]

Aetrex	X800 and X900 Series
Brooks	Addiction Walker (Leather) Synergy
Dunham	9890 [¥] 9730 [¥]
New Balance	925 [¥] 811
Rockport	Pro Walker DMX
Saucony	Grid Motion
SAS	Time Out(m) Free Time(w)

Trail Running/Light Hiking

Brooks	Addiction ASR3
Merrill	Chameleon Thermo
Montrail	Hardrock* Hurricane Ridge

Cross Trainers / Aerobics

Asics	Gel-Alta (volleyball, xtrain)
New Balance	1000
Nike	Vick III Edge 9000 (tennis)*

Basketball

Adidas	a3 Superstar
New Balance	886
Nike Air	Huarache Air Astonish

Extra-Depth Shoes[§]

P.W. Minor Aetrex Soft Spot: Supreme

Dress Shoes: Heels, Flats, Casual

Ask your doctor how to select appropriate shoes for your needs. Evaluate shoes carefully before purchasing.

Aravon Ariat Beautifeel Blend Dansko Finn Comfort
HS Trask Hush Puppies Munro Naot Nickels Neil M
Paul Thomas Redwing Rieker Rockport Salamander
Sanita Selby Sudini Taryn Rose Theresia Think

Sandals

ProLab manufactures custom orthotics for BITE® sandals. Ask your doctor for details.

Sandal brands that can accept custom orthoses include:

Ariat Birkenstock Bite Dansko Finn Comfort Naot
Solvee Theresia

Clogs and Slippers

Nontraditional slippers for support and comfort.

Capsles Daniel Green Clogs Finn Comfort Orb Geisswan Clogs
Heflinger Clogs Naot Iceland or Glacier Stegmann Clogs

Insoles

For use under orthotic after removing the insole.

Dr. Scholl's: Air Pillow Insole Spenco: Flat Insole

[§] Best shoe types for use with ProLab Functional-AFO
*Maximum motion control
[¥] Shoe has a rocker sole



PROLAB
ORTHOTICS

Wearing proper shoes is an important part of keeping your feet healthy.

Always remove the shoe insole before inserting orthotics.